WHAT'S THE DIFFERENCE BETWEEN THESE TWO OPTIONS?

| | EMERGENCY CONTRACEPTION | MEDICATION ABORTION CARE |
|--------------------------|---|---|
| What is it? | Safe and effective FDA-approved method to prevent pregnancy. | Safe and effective FDA-approved medication regimen to end an early pregnancy. |
| Where can I get it? | Available over the counter or by prescription. Plan B is available over the counter and Ella requires a prescription. | Available by prescription through certified health care providers and pharmacies. Depending on state law, patients can have a virtual consultation with a health care professional and have the medications delivered to them through the mail - or - travel to a clinic for an in- person consultation and pick up the pills in person. |
| | Learn more: planbonestep.com / ella-now.com | Learn more and find a provider: abortionfinder.org |
| How does it work? | The pill delays ovulation or interferes with sperm movement. It does not work if you are pregnant. | Ends a pregnancy with the use of two different pills: mifepristone and misoprostol. |
| When can it be used? | Up to 5 days after unprotected sex, but the sooner the better. | Up to 10 weeks in pregnancy. |
| How safe is it? | One of the safest medications available used by millions to prevent pregnancy. | Safely used by 4.9 million women over the past 20+ years with a 99% safety rate. |
| Does it end a pregnancy? | No | Yes |



Bottom line – emergency contraception <u>prevents</u> pregnancy while medication abortion care <u>ends</u> an early pregnancy. Both are safe and effective and should be available, affordable, and accessible for everyone who needs them.